



## Disclaimer

In participating in Putney Bridge Canoe Club canoeing & kayaking activities, I understand this is done at my own risk.

Neither the club nor its officers can accept liability for any loss or injury of any kind sustained whilst on a Club session or activity.

I confirm that I am over 18 years old and can swim 50 meters in clothing. Under 18 year olds may attend if accompanied by a parent or guardian.

I agree to observe PBCC guidelines and safety policy.

If you have any conditions that may effect your abilities while paddling, please make sure the activity or trip leader is aware before getting on the water.