

PUTNEY BRIDGE CANOE CLUB

HEALTH AND SAFETY POLICY STATEMENT

“PUTNEY BRIDGE CANOE CLUB is strongly committed to encouraging members to take part in the club’s activities, but the health, safety and wellbeing of each participant is always the club’s paramount concern. We recommend that the level and nature of training and activity in which members engage are determined by age, fitness and ability, and the club expects adult and junior members to participate in club activities accordingly.”

HEALTH AND SAFETY POLICY

To support the club’s Health and Safety Policy Statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of the club’s facility (i.e. the containers located behind the Barn Elms Boathouse), and all activities undertaken by the club.
- Create a safe environment by putting health and safety measures in place, as identified by the risk assessment.
- Ensure that all members are given the appropriate level of advice and guidance to permit them to engage safely in the club’s activities by assessing individual ability dependent on age, experience and skill level.
- Ensure that all members are aware of, understand and follow the club’s Health and Safety Policy Statement.
- Appoint one or more competent club member(s) as Club Safety Officer(s) to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and brought to the attention of all members.
- Ensure that members have access to adequate first aid kits, a telephone and a qualified first aider while engaged in the club’s activities.
- Report any injuries or accidents sustained during any club activity, or whilst at the club’s facility, and make and keep a written record of all such incidents.
- Ensure that the implementation of the Policy Statement is reviewed annually and monitored for effectiveness.

AS A CLUB MEMBER YOU HAVE A DUTY TO

- Take reasonable care of your own health and safety and that of others who may be affected by your acts and/or omissions.

- Co-operate with the club on health and safety issues, respect club rules and policies.
- Correctly and appropriately use equipment provided or made available by the club.
- Not to interfere with or misuse anything that is provided for your health, safety or welfare.

CLUB HEALTH AND SAFETY OFFICERS

Jonathan Fidler (for Thames paddle sessions and institutional liaison)

Guy Douglas (for pool sessions and whitewater trips)

Darren Palmer (for sea kayaking trips)

A Health and Safety officer may delegate implementation of the relevant health and safety responsibilities and procedures to a Trip Leader, if appropriate in the circumstances.

FIRST AID

Location of first aid kits:

BS8599-1 compliant First Aid Kit: In the green container, behind Barn Elms Boathouse.

The Trip Leader will carry a mini First Aid Kit on all Thames paddle sessions and away trips.

The nearest location for a public access Automated External Defibrillator (AED) is Barn Elms Boathouse, with availability as follows: Monday/Thursday 08:00 - 18:30; Friday 08:00 - 17:00; Saturday 08:30 - 16:30; Sunday 08:30 - 15:30. However PBCC members are able to access said AED at all times via code-locked rear doors to the Barn Elms Boathouse changing rooms (location of the registered AED in the Boathouse can be found here <https://www.defibfinder.uk/>).

Location of telephones:

The Trip Leader will carry a fully-charged mobile phone on all Thames paddle sessions and away trips.

QUALIFIED FIRST AIDERS

The Trip Leader will be the nominated First Aider for the activity he/she is leading unless he/she delegates the role to a competent/qualified club member taking part in said activity.

Signed: The General Committee

Date: 15 August 2024